



ST. PATS RACE
MARCH 18



**BILL SNYDER HIGHWAY
HALF & 5K**
MAY 20



FREEDOM RUN
JULY 4



BREW 2 SHOE
AUGUST 5



KONQUER THE KONZA
SEPTEMBER 24



MHK TURKEY TROT
NOVEMBER 23

2017 RACE CALENDAR

CONNECT



- MANHATTANRUNNINGCO.COM
- @MANRUNCO
- MANHATTANRUNNINGCO



- MHKPRD.COM
- @MANHATTANPRD
- MANHATTANPARKSANDREC





SATURDAY, MARCH 4



RACE INFO

THIS RACE WILL BE RUN IN WAVES OF 5 RUNNERS STARTING EVERY 30 SECONDS



GOODNOW PARK

EAST SIDE BY THE GROUP SHELTER



STARTS AT 10:00AM



AWARDS

FINISHER MEDAL FOR EACH PLAQUES TO 1ST MALE & FEMALE



PAYMENT OPTIONS

(CASH, CHECK OR ONLINE)

*PLEASE SEE DETAILS ON BACK.



PACKET PICK UP

THURSDAY, MARCH 2, 10-7 PM AT MRC
FRIDAY, MARCH 3, 10-7 PM AT MRC

**SHORT & SWEET
WITH THE RIGHT AMOUNT OF
SUCK!**

REGISTER ONLINE AT
MANHATTANRUNNINGCO.COM

OR

FILL OUT THE PARTICIPANT INFORMATION FORM

NAME

ADDRESS

CITY

STATE ZIP GENDER AGE
ON RACE DAY

EMAIL

PHONE

PLEASE ESTIMATE THE TIME YOU COULD RUN 1 MILE ALL OUT FOR RANKING PURPOSES _____
(FASTEST RUNNERS WILL START FIRST TO ELIMINATE BOTTLE NECKS)

SOFT STYLE TEE

YM YL S M L XL XXL XXXL

"X" YOUR SIZE

EMERGENCY CONTACT INFORMATION

NAME

PHONE

RELEASE WAIVER

I AGREE TO HOLD MANHATTAN RUNNING COMPANY HARMLESS AS TO ANY CLAIM FOR DAMAGES FOR ANY ACCIDENT OR INJURY OF ANY KIND RESULTING FROM MY PARTICIPATION IN THIS RACE. I ALSO GIVE MEDICAL PERSONNEL PERMISSION TO TREAT MY INJURIES IF I AM UNABLE TO MAKE THE DECISION FOR MYSELF.

PARTICIPANT SIGNATURE OR GUARDIAN, IF UNDER 18 DATE

ENTRY FEE

\$20 PRE-REGISTERED

\$25 ON OR AFTER FEBRUARY 21

(CAPPED AT 200 RUNNERS)

CHECK OR CASH ONLY

UNLESS YOUR REGISTERING ONLINE, MAKE CHECKS PAYABLE TO "MANHATTAN RUNNING CO."

MAIL OR RETURN ENTRY FORM AND PAYMENT TO:

MANHATTAN RUNNING COMPANY
1129 GARDEN WAY
MANHATTAN, KS 66502

REGISTER ONLINE AT:

WWW.MANHATTANRUNNINGCO.COM

EMERGENCY CONTACT

785.320.6363

BEN SIGLE OR TREY VERNON

PAYMENT